

Helpful Info on Cheerleading at HAC:

Small Fry Cheerleading is a shorter 11-week session that runs in conjunction with Small Fry Football. Teams start practicing mid-August to be ready to cheer at Small Fry Football games just after Labor Day. Girls entering grades 3-8 are invited and practice evenings, twice per week, 1.5 hours/day at HAC. The \$135 program fee includes a uniform and pom-poms to rent and a t-shirt and hair bow to keep. Registration is now open on-line at hacmt.com under Member Login. Plan for a Parent Meeting and Uniform Fitting the week of August 6th with practices beginning the week of August 13th.

The **Mustangs** is an all-star cheerleading program that includes performance/exhibition-only teams and competitive teams for ages 5-18. The season runs from mid-August to April. Monthly fees range from \$65-105 and have some additional costs that cover team gear, camps and competition fees if applicable. The Mustangs fall practice schedule begins Tuesday, September 4th.

Multiple fundraisers are available through our awesome Mustangs Cheerleading Booster Club including the Small Fry fundraiser with Elliott's Cookie Dough.

Mustangs Diamonds and Platinum (see below for details) team rosters will be set by coaches after a short tryout/skill assessment at **6:00 p.m. on Monday, July 30th**. All ages interested in being placed on the Diamonds or Platinum teams will need to attend this session. Girls cheering on the **Rubies team may register now on-line** at hacmt.com. Girls planning to try out for Diamonds or Platinum need to register for tryouts under Camps: Special Event.

Read below for expected teams and details:

Mustangs Rubies: An introductory team focused on cheerleading fundamentals. Practices will be held once per week starting in September. This team will perform locally December - March and compete at our home competition in January and in Bozeman in April. No experience or tryout are necessary, and this team is open to those athletes ages 5-11. Practices Monday 4:00-5:30, Wednesday 4:00-5:00 p.m.

Mustangs Diamonds: An intermediate team focused on level 2 skills and technique. Practices will be held twice per week with at least one Saturday practice per month starting in October. Choreography camp is mandatory and will be held August 17-18. This team will perform locally December - March and will compete January-April including competitions in Bozeman, Missoula, Helena, and possibly Salt Lake City. Participation in the tryout process, some previous cheer experience, and a standing back-handspring (independent or with a light spot) are necessary. Open to ages 7-14. Practices Monday 5:00-7:00, Wednesday 5:30-7:30.

Mustangs Platinum: An advanced team focused on level 2 and 3 skills and technique. Practices will be held once per week with at least one Saturday morning per month starting in August. Choreography camp is mandatory and will be held August 17-18. This team will perform locally December-March and will compete in Bozeman, Missoula, Helena, and possibly Salt Lake City January-April. Participation in the tryout process, some previous cheer experience, and a standing back-handspring, running roundoff double back-handspring, and toe touch back handspring are necessary. Open to ages 10-18. Practices Monday 6:30-8:30.

Whew! This is SO MUCH information. Don't worry, we are here to help if you need any further assistance finding the program or team best for your daughter. Write office@hacmt.com (respond to this e-mail) or stop by the front desk Monday-Thursday 4:00-7:00 p.m. and we'll be happy to help!